Ophthalmic Essential Medication List

for Canada

August 2023

Prepared by



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Introduction

Essential medicines are defined as drugs that are proven to be therapeutically effective, to have an acceptable safety, and to satisfy the health needs of the population.¹ The World Health Organization (WHO) developed its first model list of essential medicines in 1977.¹ In doing so, the WHO encouraged member states to consider the problems posed by drug unavailability and the benefits of a list focused on priority medications. The WHO noted that international differences prohibit the creation of a standard list for all nations. Yet, the WHO suggested its essential medication list (EML) could serve as a guideline for each country in "adopting a list of essential drugs, according to its own policy in the field of health."¹ By 2017, 137 countries out of 194 WHO member states had a formal national EML (70.6%).² Canada does not have an EML.

The WHO convenes a committee to update its EML list every two years. It offers the following guidelines in deciding what should be considered when creating and maintain national EMLs:²

- Drugs selected via committees that have input from experts of clinical medicine, pharmacology, and pharmacy. Additionally, there should be insight from peripheral health workers.
- Drug selected based on the results of studies that prove benefit and safety.
- The international non-proprietary (generic) names used whenever possible.
- National quality control and medication oversight.
- The cost of treatment representing a major selection criterion.
- Decide the level of expertise required to prescribe selected medication.
- Consider the influence of local diseases or conditions.
- Select drugs that provide the highest benefit to risk ratio.
- When two or more drugs are therapeutically equivalent, give preference to higher levels of evidence, more favourable pharmacokinetic profiles, drugs that can be produced locally, or those with favourable stability / storage.
- Select single compounds, rather than fixed dose combinations, unless there is justification (synergistic therapeutic effect, cost savings, improved compliance) otherwise.
- Review the drug list regularly.

Canadian authors, citing cost savings and improved availability of drugs in other countries after the implementation of an EML, have made a case for an EML in Canada.³ Canada's drug prices are the third highest among the Organisation for Economic Co-operation and Development (OECD) countries.⁴ This is 25% above the OECD median. In 2021, total drug purchases cost \$35.4 billion in Canada.⁵ This was a cost increase of 8.3% from the previous year, with costs projected to continue rising in the coming years. There is also a human cost to drug shortages. Drug shortages have negative health consequences.⁶ Drug shortages in ophthalmology have been shown to decrease the availability of sight saving treatments.⁷ The total cost of vision loss in Canada in 2019 was estimated to be \$32.9 billion.⁸ An EML can be a tool to help reduce drug



costs, increase availability of drugs and, most importantly to ophthalmology, save sight and prevent blindness.

On a global scale, the Canadian pharmaceutical market is small. Pharmaceutical sales in Canada are 2.1% of the global market.⁹ The COVID-19 pandemic highlighted supply chain risks. Health Canada added pandemics to its list of causes of drug shortages. Other causes of drug shortages include drug manufacturing issues, difficulty obtaining raw materials, a sudden increase in demand, discontinuation of a drug, a natural disaster.¹⁰ In summary, drug shortages are multifactorial, often resulting from an interplay between supply, demand, and regulatory issues (Fig 1).¹¹



Figure 1. Causes of drug shortages. Adapted from Shukar S, Zahoor F, Hayat K, et al.¹¹

The Canadian ophthalmological drug supply has been experiencing difficulties since before the pandemic. Many ophthalmic medications are marketed in Canada by a single manufacturer. This factor has been associated with drug shortages.¹² Homatropine was lost from the Canadian market in 2016.¹³ Other than 1995-2003, where a second company entered the market, homatropine was marketed in Canada by a single company since 1951.¹⁴ In 2018, citing changes to quality testing standards in Canada, atropine eye drops were discontinued by the manufacturer.¹⁵ Discussions between providers, national organizations representing medical providers, manufacturers and Health Canada led to a discontinuation decision reversal later that year. Atropine then returned to the Canadian market. Verteporfin encountered a two-year shortage, between 2020 and 2022, due to disruptions in the manufacturing of the drug.¹⁶ Timolol has been encountering repeated shortages, with companies experiencing delays in shipping then others encountering backorders due to increased demand of the drug. Between October 2022 and April 2023, there were seven Tier 3 shortages of ophthalmic medications: three potent ophthalmic steroids, two intraocular miotics, physiologic balanced saline solution, and one cycloplegic eyedrop.¹⁷

Shortages vary in duration. Most drug shortages are temporary, but permanent shortages may occur when a drug is discontinued. Federal and provincial governments, supply chain players and health care providers work together to mitigate and/or minimize the impact of shortages when possible.¹¹

In 2019, the Advocacy Committee of the Canadian Ophthalmological Society (COS) created a draft EML for ophthalmology. In 2023, it was revised and updated into the current format. The



following report highlights the medications that the COS feels are important to provide optical medical and surgical eyecare for all Canadians. It follows the format of the WHO model lists of essential medications. The COS EML indicates when drugs may also be found on the most recent WHO model list of essential medications,¹⁸ what is indicated on the Health Canada product monograph for the drug, cites in what circumstances ophthalmologists may use the medication off label, and indicates where drugs may be considered therapeutic alternatives for one another.

This document can appear encyclopedic in its volume. Yet, it is not a list of all medications that ophthalmologists use. For example, it does not list essential diabetic medications that are needed to control blood sugars and thereby treat the cause of diabetic retinopathy. Nor does not list all the immunosuppressants that ophthalmologists apply in conjunction with their medical colleagues for the treatment of ocular and periocular inflammation. It also does not list all the medications that are used off-label, or all the off-label ways in which medications are used, by ophthalmologists to address eye disease.

At its core, this Canadian ophthalmic EML is a starting point for discussion. It gives the reader an opportunity to understand the medications that play a role in ophthalmic care. It catalogues priority medications that are foundations in quality eye care. But it is not a true EML; there is redundancy in therapeutic targets. The list would be further carved through expert consensus in the Canadian context.

Drug shortages can put vision and lives at risk. A pre-requisite in limiting harm is the creation of an essential medication list. There are other steps that must be taken in parallel. This includes creating frameworks to guide optimal medication selection, procurement practices, and utilization. And the success of an EML relies on its adoption. Health care systems and regulatory agencies must prioritize access to critical medications. The intention of this document is to provide a fundamental set of high priority ophthalmic medications currently used in Canada, which could be adapted into a future Canadian EML.



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- 17. Tier 3 drug shortages. Health Canada. Accessible from: <u>https://www.canada.ca/en/health-canada/services/drugs-health-products/drug-products/drug-shortages/tier-3-shortages.html#wb-auto-4</u>
- 18. 22nd List (2021) World Health Organization Model List of Essential medicines. World Health Organization. Accessed March 9, 2023, from: <u>https://www.who.int/publications/i/item/WHO-MHP-HPS-EML-2021.02</u>



Ophthalmic Essential Medication List for Canada

Symbol legend:

[°] Indicates agreement between this ophthalmic essential medication list and the World Health Organization's 22nd model list of essential medicines, published in 2021.

* Indicates that the WHO recommends this medication as a therapeutic alternative, but not as an essential medication itself.

⁺ Indicates that medications in this class could be considered therapeutic alternatives for one another. The presence of one would suffice in event of a shortage.

1. ANESTHETICS, PREOPERATIVE MEDICINE, AND MEDICAL GASES	
1.1. Injectable local anesthetics	
°†Bupivacaine	Injection: 0.25%, 0.5% (hydrochloride) in vial
	On label: Local or regional anesthesia
°†Lidocaine	Injection: 1%, 2% (hydrochloride) in vial
	Topical forms: 2% to 4% (hydrochloride)
	On label: Local or reginal anesthesia
°Lidocaine + epinephrine (adrenaline)	Injection: 1%, 2% (hydrochloride or sulfate) +
	epinephrine 1:200,000 in vial
	On label: Local or regional anesthesia
2. ANTI-INFECTIVE MEDICINES	
2.1 Antibiotics	
2.1.1 Antibiotics: Access gro	pup
Per WHO EML 2021: "Antibiotics the	at have activity against a wide range of commonly
encountered susceptible pathogens	while also showing lower resistance."
°Amikacin	Injection: 250mg/mL (as sulfate) in 2mL vial
	On label: short-term treatment of serious
	infections due to susceptible strains of
	Pseudomonas species, Escherichia coli, Proteus
	species, Klebsiella - Enterobacter - Serratia
	species, Providencia species, Salmonella species,
	Citrobacter species and Staphylococcus aureus.
	Off label: Compounded into topical drops
	Historical note: Previously used for intravitreally
	for endophthalmitis.
	Results of the Endophthalmitis Vitrectomy Study.
	A randomized trial of immediate vitrectomy and
	of intravenous antibiotics for the treatment of
	postoperative bacterial endophthalmitis.
	Endophthalmitis Vitrectomy Study Group. Arch
	Ophthalmol. 1995 Dec;113(12):1479-96



	Current note: Following reports of retinal toxicity
	when injected intravitreally, it has been
	abandoned for safer intravitreal antibiotics.
	Jackson TL, Williamson TH. Amikacin retinal
	toxicity. Br J Ophthalmol. 1999 Oct;83(10):1199-
	200.
°Amoxicillin + clavulanic acid	Tablet: 250mg (as trihydrate) + 125mg (as
	potassium salt), 500mg (as trihydrate) + 125mg
	(as potassium salt), 875 mg (as trihydrate) +
	125mg (as potassium salt)
	On label: Treatment of infections: Sinusitis when
	caused by B-lactamase producing strains of H.
	influenzae or Moraxella (Branhamella)
	catarrhalis. Skin and Soft Tissue Infections when
	caused by B-lactamase producing strains of S.
	aureus
°Cephalexin	Powder for oral liquid: 125mg/5mL; 250mg/5mL
	(anhydrous)
	Solid oral dosage form: 250mg: 500mg (as
	monohvdrate)
	On label: Treatment of bacterial infections of the
	respiratory tract, bones and joints, skin and soft
	tissue when the infection is caused by
	susceptible organisms
°Cefazolin	Powder for injection: 1g (as sodium salt) in vial
	On label: Treatment of bacterial infections of the
	respiratory tract skin and soft tissues bone and
	ioints senticemia Perioperative (preoperative
	intraoperative and postoperative) prophylaxis
	during notentially contaminated surgery and in
	natients in whom infection would nose a serious
	risk
°Clindamycin	Cansule: 150mg (as hydrochloride)
cindaniyan	Oral liquid: 75mg/5ml 9as nalmitate)
	On Label: Treatment of bacterial infections from
	sensitive anaerobic bacteria: serious infections
	due to sensitive gram-nositive aerobic organisms
	when the national is intolerant of or the
	organism is resistant to other antihiotics: the
	treatment of <i>Pneumocystis jiroveci</i> nneumonia in
	natients with AIDS: prophylavis against alpha-
	hemolytic (viridans group) strentococci before
	hemolytic (viridans group) streptococci before



	dental, oral and upper respiratory tract surgery
	in patients with susceptible conditions.
°Doxycycline	Solid oral dosage form: 50mg; 100mg (as hyclate)
	*Use in children <8 years only for life threatening
	infections when no alternative exists
	On label: Skin and soft tissue infections caused
	by susceptible strains.
	Off label: Meibomian Gland-Related Ocular
	Surface Disease (Level II evidence)
	Wladis EJ, Bradley EA, Bilyk JR, Yen MT, Mawn
	LA. Oral Antibiotics for Meibomian Gland-Related
	Ocular Surface Disease: A Report by the
	American Academy of Ophthalmology.
	Ophthalmology. 2016 Mar;123(3):492-6
	Vernhardsdottir RR, Magno MS, Hynnekleiv L,
	Lagali N, Dartt DA, Vehof J, Jackson CJ, Utheim
	TP. Antibiotic treatment for dry eye disease
	related to meibomian gland dysfunction and
	blepharitis - A review. Ocul Surf. 2022
	Oct;26:211-221
°Metronidazole	Injection: 500mg in 100mL vial
	Oral liquid: 200mg/5mL (as benzoate)
	Suppository: 500mg; 1g
	Tablet: 200mg to 500mg
	Off label: In the treatment of serious anaerobic
	infections including orbital cellulitis [used
	50mg/kg/day divided each 6-8 hour in pediatrics
	or 500mg IV each 6-8 hour in adults in
	combination Ceftriaxone and Vancomycin] for
	patients allergic to penicillin but able to tolerate
	cephalosporins.
	Stimes GT, Girotto JE. Applying
	Pharmacodynamics and Antimicrobial
	Stewardship to Pediatric Preseptal and Orbital
	Cellulitis. Paediatr Drugs. 2019 Dec;21(6):427-
	438.
Suitamethoxazole + trimethoprim	Injection: 80mg +16mg/mL in 5mL ampoule;
	sumg + 16mg/mL in 10mL ampoule
	Urai iiquid: 200mg + 40mg/5mL
	1 1aplet: 100mg + 20mg; 400mg + 80mg; 800mg +



	On label: In the treatment of bacterial infections from susceptible gram-positive and gram- negative organisms. Off label: -In the treatment of acute vision threatening toxoplasma retinochoiritis [used 800mg/160mg tablet twice daily with or without clindamycin and prednisone as an equivalent alternative to first line therapy of pyrimethamine, folinic acid, sulfadizazine and prednisone] Soheilian M, Sadoughi MM, Ghajarnia M, et al. Prospective randomized trial of trimethoprim/sulfamethoxazole versus pyrimethamine and sulfadiazine in the treatment of ocular toxoplasmosis. Ophthalmology. 2005;112(11):1876-1882 -Chronic recurrent toxoplasma retinochoiroiditis [used 800mg/160mg tablet once each 3 days] (Level II evidence) Kim SJ, Scott IU, Brown GC, Brown MM, Ho AC, Ip
	MS, Recchia FM. Interventions for toxoplasma
	retinochoroiditis: a report by the American
	Academy of Ophthalmology. Ophthalmology. 2013 Feb:120(2):371-8
2.1.2. Antibiotics: Watch gr	
Per WHO EML 2021: "Antibiotics th	at have higher resistance potential These
medicines should be prioritized a ke	ey targets of stewardship programs and
monitoring"	
°Azithromycin	Capsule: 250mg; 500mg (anhydrous)
	Oral liquid: 200mg/5mL
	On label: In the treatment of mild to moderate
	bacterial infections caused by susceptible
	organisms including uncomplicated skin
	infections; sexually transmitted infections due to
	Chlamydia trachomatis or Neisseria gonorrhea
Cettriaxone	in vial



	On label: In the treatment of bacterial infections
	when caused by susceptible strains in the setting
	of bacterial septicemia, skin and skin structure
	infections, bone and joint infections.
	uncomplicated gonorrhea.
	Off label:
	-Indicated by WHO as a first-choice systemic
	therapy for treatment in endophthalmitis
	However, when available, other drugs such as
	meronenem linezolid and movifloyacin have
	hetter vitreous:serum penetration ratios
	Brockhaus I. Goldhlum D. Fagenschwiler I
	Zimmerli S. Marzolini C. Revisiting systemic
	treatment of bacterial endephthalmitic: a review
	of intravitreal penetration of systemic antibiotics
	Clin Microbiol Infact 2010 Nou:25(11):1264
	1369
	-Orbital cellulitis [used 75/kg/day each 24 hours
	in pediatrics or 1-2g each 12-24 hours in adults in
	combination Metronidazole and Vancomycinl for
	natients allergic to penicillin but able to tolerate
	centalosporins
	Stimes GT. Girotto IF. Annlying
	Pharmacodynamics and Antimicrobial
	Stewardshin to Pediatric Presental and Orbital
	Cellulitis Paediatr Drugs 2019 Dec:21(6):427-
	A38
°Pineracillin + tazohactam	Powder for injection: $2g$ (as sodium) + 250mg (as
	sodium): $4g$ (as sodium) + 500mg (as sodium)
	On label: In the treatment of hacterial infections
	caused by susceptible strains in the setting of
	bactorial skip and skip structure infections
°V/ancomycin	Capsulo: 125mg: 250mg (as hydrochlorido)
vancomychi	
	In the treatment of source or life threatening
	stanbulgeoccal infactions in patients who cannot
	receive or have failed to respond to panicillia.
	conhalosporing, or who have infactions with
	stanbulagensi registant to other artibiation
	staphylococci resistant to other antibiotics
	menuing methodin.
	- Orbital cellulitis [used 60mg/kg/day divided
	every 6-8 nours in pediatrics or 15mg/kg each
	12-24 nours in adults with renal adjustment in
	combination with Cettriaxone and Vancomycin]



	for patients allergic to penicillin but able to
	tolerate cephalopsorins
	Stimes GT, Girotto JE. Applying
	Pharmacodynamics and Antimicrobial
	Stewardship to Pediatric Preseptal and Orbital
	Cellulitis. Paediatr Drugs. 2019 Dec;21(6):427-
	438.
	Off label: Endophthalmitis [used as intravitreal
	injection (0.1mg/0.1cc) in combination with
	intravitreal Ceftazidime (2.25mg/0.1mL)]
	Relhan N, Forster RK, Flynn HW Jr.
	Endophthalmitis: Then and Now. Am J
	, Ophthalmol. 2018 Mar:187:xx-xxvii.
2.1.3. Antibiotics: Complem	pentary list
Per WHO FML 2021: "For priority di	seases for which specialized diagnostic or
monitoring facilities and/or special	ist medical care, and/or specialist training are
noodod "	ist medical care, and/or specialist training are
°Coftazidima	Rouder for injection: 250mg; 1g/ac
Certaziume	Powder for injection. 250ing, 1g (as
	On label: In the treatment of bacterial infections
	caused by susceptible organisms in the setting of
	skin structure infections, bacteremia, and bone
	infections.
	Off Label: Endophthalmitis [used as intravitreal
	injection (2.25mg/0.1mL) in combination with
	intravitreal vancomycin (0.1mg/0.1cc)]
	Relhan N, Forster RK, Flynn HW Jr.
	Endophthalmitis: Then and Now. Am J
	Ophthalmol. 2018 Mar:187:xx-xxvii.
2.2 Antifungal medicines	
°Amphotericin B	Powder for injection: 50mg (as sodium
	deoxycholate or liposomal complex) in vial
	On label: In the empirical therapy for presumed
	fungal infactions in fabrila, noutroponic patients
	In the treatment of systemic or discominated
	infostions due to susceptible organisms in
	infections due to susceptible organisms in
	patients who are refractory to or intolerant to
	conventional therapy or in renally impaired
	patients.
	Off label:
	-Fungal keratitis (reconstituted into 0.15% eye
	drop)



	Sharma N. Ragag R. Singhal D. Naganal R. Kata A
	Saluia C. Maharana DK. Eungal karatitic: A
	suluju G, Munulunu PK. Fungui kerutitis. A
	review of clinical presentations, treatment
	strategies and outcomes. Ocul Surf. 2022
	Apr;24:22-30.
	-Candida retinitis / uveitis / endophthalmitis
	Essman TF, Flynn HW Jr, Smiddy WE, Brod RD,
	Murray TG, Davis JL, Rubsamen PE. Treatment
	outcomes in a 10-year study of endogenous
	fungal endophthalmitis. Ophthalmic Surg Lasers.
	1997 Mar;28(3):185-94. [alternatives include
	voriconazole or caspofungin]
	Breit SM, Hariprasad SM, Mieler WF, Shah GK,
	Mills MD, Grand MG. Management of
	endogenous fungal endophthalmitis with
	voriconazole and caspofunain. Am I Ophthalmol.
	2005 Jan:139(1):135-40.
°Eluconazole	Cansule: 50mg
	Injection: 2mg/mL in vial
	Oral liquid: 50mg/5ml
	Off Jabel: Candida retinitis / uveitis /
	endonthalmitis [theraneutic alternatives
	include vericenzzele er caspefungin]
	Silva BA, Sridbar I, Miller D, Mukoff CC, Elvan HW
	In Exogenous fungel and on the line is an
	anglysis of isolatos and sussentibilities to
	antifungal agonts over a 20 year pariod (1000
	2010) Am L Ophthelmel 2015 Solid (1990-
	2010). Am J Ophthalmol. 2015 Feb;159(2):257-
	64.e1. doi: 10.1016/j.dj0.2014.10.027.
Itraconazole	Capsule: 100mg
	Oral liquid: 10mg/mL
	Off label: Acanthamoeba keratitis [oral route.
	Alternatives include ketoconazole or
	voriconazole. Used in combination with
	polyhexamehtylene biguanide or chlorhexidine
	eye drops]
	Ishibashi Y, Matsumoto Y, Kabata T, Watanabe
	R, Hommura S, Yasuraoka K, Ishii K. Oral
	itraconazole and topical miconazole with
	debridement for Acanthamoeba keratitis. Am J
	Ophthalmol. 1990 Feb 15;109(2):121-6.
°Voriconazole	Tablet: 50mg; 200mg





	recurrent herpes simplex keratitis in people with	
	corneal grafts. Cochrane Database Syst Rev.	
	2016 Nov 30;11(11):CD007824.	
†Valacyclovir	Tablet: 500mg, 1000mg	
× Alternative to acyclovir	On label: Treatment of herpes zoster (shingles).	
	treatment of cold sores	
	Off label: Treatment of and reducing risk of	
	recurrent hernes simplex virus keratitis	
	White MI Chodosh I Reviewed and endorsed by	
	the Ocular Microbiology and Immunology aroun	
	Hernes Simplex virus Keratitis: A Treatment	
	Guideline -2014 American Academy of	
	Onhthalmology	
2 3 2 Antivirals for treatme	nt of CMV retinitis	
°†Valganciclovir	Tablet: 450mg	
valganeiciovii	Tablet. 450mg	
	On Jabel: CMV retinitis in AIDS	
†Ganciclovir	Powder: 500mg/vial	
	On Jabel: CMV retinitis in AIDS	
+Foscarpet sodium	Solution: 24mg/ml	
	On label: CMV retinitis in AIDS	
2.4. Antiprotozomal medicines		
2.4.1 Antitoxoplasmosis me	dicines	
°Pyrimethamine	Tablet: 25mg	
	On label: Treatment of toxoplasmosis when used	
	conjointly with a sulfonamide given synergism	
	exists in this combination.	
	*Note: Not available in Canada for humans	
2.5. Antileprosy medicine		
°Dapsone	Tablet: 100mg	
	Off label: Treatment of ocular findings of mild to	
	modest mucous membrane pemphigoid in	
	patients who are not glucose-6-phosphate	
	dehydrogenase (G6PD) deficient.	
	Kirtschig G, Murrell D, Wojnarowska F, Khumalo	
	N. Interventions for mucous membrane	
	pemphigoid and epidermolysis bullosa acquisita.	
	Cochrane Database Syst Rev.	
	2003;2003(1):CD004056.	
3. IMMUNOMODULATORS AND ANTINEOPLASTICS		
3.1 Immunomodulators for non-malignant disease		



°Adalimumab	Injection: 40mg/0.8mL; 40mg/0.4mL
*Including quality-assured biosimilars	On label: Treatment of non-infectious adult and
	pediatric uveitis with inadequate response to
Therapeutic alternatives:	corticosteroids, as corticosteroid sparing
°Infliximab (Norcia LF, Kiappe OP, Jorge	treatment in corticosteroid-dependent patients,
EC. Biological Therapy in Noninfectious	or when conventional therapy is inappropriate.
Pediatric Uveitis: A Systematic Review.	Jaffe GJ, Dick AD, Brézin AP, Nguyen QD, Thorne
Clin Ophthalmol. 2021 Sep 7;15:3765-	JE, Kestelyn P, Barisani-Asenbauer T, Franco P,
3776)	Heiligenhaus A, Scales D, Chu DS, Camez A,
°Golimumab (as per WHO 2021)	Kwatra NV, Song AP, Kron M, Tari S, Suhler EB.
	Adalimumab in Patients with Active
	Noninfectious Uveitis. N Engl J Med. 2016 Sep
	8;375(10):932-43.
°Azathioprine	Powder for injection: 100mg (as sodium salt) in
	vial
	Tablet (scored): 50mg
	Off label: Non-biologic treatment of non-
	infectious uveitis and periocular inflammation
	with inadequate response to corticosteroids, as
	corticosteroid sparing treatment in
	corticosteroid-dependent patients, or when
	conventional therapy is inappropriate.
	Edwards Mayhew RG, Li T, McCann P, Leslie L,
	Strong Caldwell A, Palestine AG. Non-biologic,
	steroid-sparing therapies for non-infectious
	intermediate, posterior, and panuveitis in adults.
	Cochrane Database Syst Rev.
	2022;10(10):CD014831. Published 2022 Oct 31
Golimumab	Subcutaneous injection: 50mg/0.5mL;
* Alternative to adalimumab	100mg/1.0mL
	Intravenous influsion: 50mg/4.0mL
	Off label: Non-infectious intraocular
	inflammation that is recalcitration to other
	treatment.
	Jin Y, Lu S, Lin Y, Mou X. The efficacy and safety
	of TNF inhibitor (golimumab) as salvage
	treatment in patients with refractory
	noninfectious uveitis. Inflammopharmacology.
	2022 Aug;30(4):1363-1368
3.2 Antineoplastics and supportive	medicines
3.2.1 Cytotoxic medicines	
°Methotrexate	Powder for injection: 50mg in vial
	Tablet: 2.5mg (as sodium salt)



	Off label:	
	-Non-biologic treatment of non-infectious uveitis	
	with inadequate response to corticosteroids, as	
	corticosteroid sparing treatment in	
	corticosteroid-dependent patients, or when	
	conventional therapy is inappropriate.	
	Edwards Mayhew RG, Li T, McCann P, Leslie L,	
	Strong Caldwell A, Palestine AG. Non-biologic,	
	steroid-sparing therapies for non-infectious	
	intermediate, posterior, and panuveitis in adults.	
	Cochrane Database Syst Rev.	
	2022;10(10):CD014831. Published 2022 Oct 31	
	-Non-biologic treatment of non-infectious	
	periocular inflammation with inadequate	
	response to corticosteroids, as corticosteroid	
	sparing treatment in corticosteroid-dependent	
	patients, or when conventional therapy is	
	inappropriate.	
	Smith JR, Rosenbaum JI. A role for methotrexate	
	in the management of non-infectious orbital	
	Inflammatory disease. Br J Ophthalmol. 2001	
	Oct;85(10):1220-4.	
	-Intravitreal injection for intraocular tumors,	
	proliferative vitreoretinopathy, uveitis, and	
	epitnellal downgrowth.	
	Hasan N, Chawla R, Shaikh N, Kanaasamy S,	
	Azda SV, Sundar MD. A comprehensive review of	
	intravitreal inimunosuppressants and biologicals	
	$2022 M_{\odot}$ 19:14:25159414221007419	
	2022 Wuy 18,14.25158414221057418 Abdi E Mohammadi SS Falavariani KG	
	Intravitreal Methotrevate I Onbthalmic Vis Res	
	2021 Oct 25:16(A):657-669	
3 2 2 Targeted theranies	2021 000 23,10(4).037 005.	
°Rituximab	Injection (intravenous): 100mg/10mL in 10mL	
	vial: 500mg/50mL in 50mL vial	
	On label: Treatment of Non-Hodgkin's	
	lymphoma, chronic lymphocytic leukemia.	
	granulomatosis with polyangiitis, microscopic	
	polyangiitis	
	Off label:	
	- Non-biologic treatment of non-infectious	
	uveitis with inadequate response to	
	corticosteroids, as corticosteroid sparing	



	treatment in corticosteroid-dependent patients.
	or when conventional therapy is inappropriate.
	Angeles-Han ST To MS Henderson IA Lerman
	MA Abramson I Cooper AM Parsa MF Zemel
	IS Ronis T Beukelman T Cox F Sen HN Holland
	CN Brunner HI Lasky A Pabinovich (C: Luvenile
	dianathia Arthritic Discasso Specific and Uncitic
	Sub server ittes of the Childhead Arthritic
	Subcommittee of the Childhood Arthritis
	Rheumatology and Research Alliance. Childhood
	Arthritis and Rheumatology Research Alliance
	Consensus Treatment Plans for Juvenile
	Idiopathic Arthritis-Associated and Idiopathic
	Chronic Anterior Uveitis. Arthritis Care Res
	(Hoboken). 2019 Apr;71(4):482-491
	-Treatment of non-infectious periocular
	inflammation with inadequate response to
	corticosteroids, as corticosteroid sparing
	treatment in corticosteroid-dependent patients,
	or when conventional therapy is inappropriate.
	Ng CC, Sy A, Cunningham ET Jr. Rituximab for
	treatment of non-infectious and non-malignant
	orbital inflammatory disease. J Ophthalmic
	Inflamm Infect. 2021 Aug 27;11(1):24.
4. CARDIOVASCULAR MEDICINES	
4.1 Thrombolytic medicines	
°†Alteplase	Powder for injection: 10mg; 20mg; 50mg in vial
	Off label: Moderate evidence in the treatment of
	acute non-arteritic central retinal artery
	occlusion.
	Mac Grory B. Schraa M. Biousse V. Furie KL.
	Gerhard-Herman M. Lavin PI. Sobrin L.
	Tioumakaris SI Weyand CM Yaahi S' American
	Heart Association Stroke Council: Council on
	Arteriosclerosis Thrombosis and Vascular
	Riology: Council on Hypertension: and Council on
	Bology, Council on Hypertension, and Council on Peripheral Vascular Disease Management of
	Control Potingl Artony Occlusion: A Scientific
	Statement From the American Heart Association
	Statement From the American neurit Association.
*+Ctroptokinggo	Doudor for injection, 1.5 million, 11 in vial
' streptokinase	Powder for injection: 1.5 million IU in Vial
	On label: wooderate evidence in the treatment of
	acute non-arteritic central retinal artery
	occlusion.



	Mac Grory B, Schrag M, Biousse V, Furie KL, Gerhard-Herman M, Lavin PJ, Sobrin L, Tjoumakaris SI, Weyand CM, Yaghi S; American Heart Association Stroke Council; Council on Arteriosclerosis, Thrombosis and Vascular
	Biology; Council on Hypertension; and Council on Peripheral Vascular Disease. Management of
	Central Retinal Artery Occlusion: A Scientific
	Statement From the American Heart Association.
	Stroke. 2021 Jun;52(6):e282-e294.
5. ANTI-INFLAMMATORY MEDICINES	
5.1 Systemic steroids	
°Dexamethasone	Injection: 4mg/mL (as disodium phosphate salt) in 1mL ampoule Oral liquid: 2mg/5ml
	Tablet 2mg: 4mg
	On label: Sympathetic ophthalmia, temporal arteritis, uveitis, and ocular inflammatory
	conditions unresponsive to topical
	corticosteroids.
°Methylprednisolone	Injection: 40mg/mL (as sodium succinate) 1 mL single-dose vial and 5mL multi-dose vials; 80mg/mL (as sodium succinate) in 1mL single dose vial
	Off label:
	Bartalena L. Kahaly GJ. Baldeschi L. et al. The
	2021 European Group on Graves' orbitopathy
	(EUGOGO) clinical practice guidelines for the
	medical management of Graves' orbitopathy. Eur
	J Endocrinol. 2021;185(4):G43-G67.
	-Optic neuritis Reck RW Cleary PA Anderson MM Ir. et al. A
	randomized. controlled trial of corticosteroids in
	the treatment of acute optic neuritis. The Optic
	Neuritis Study Group. N Engl J Med.
	1992;326(9):581-588.
Prednisone	Tablet: 5mg, 50mg
* Alternative to prednisolone	On label: Rheumatic disorders; Psoriatic arthritis;
	giant cell arteritis; dermatologic disease; allergic
	states; respiratory disease including sarcoidosis;
	opntnalmic diseases including allergic
	conjunctivitis, keratitis, allergic corneal marginal



	ulcers, herpes zoster ophthalmicus, iritis and
	iridocyclitis, chorioretinitis, anterior segment
	inflammation, diffuse posterior uveitis and
	choroiditis, optic neuritis, sympathetic
	ophthalmia.
5.2 Topical (dermatologic) anti-infl	ammatories
°Hydrocortisone	Cream or ointment: 0.5%, 1%, 2.5% (acetate)
	On label: Topical therapy of corticosteroid
	responsive dermatoses for a maximum duration
	of 4 weeks, where an anti-inflammatory and
	antipruritic activity is required in the topical
	management of these conditions.
°Tacrolimus	Cream: 0.03%, 0.1%
	On label: 0.03% and 0.1% for adults and only
	0.03% for children aged 2 to 15 years is indicated
	as a second-line therapy for short and long-term
	intermittent treatment of moderate to severe
	atopic dermatitis in non-immunocompromised
	patients, in whom the use of conventional
	therapies are deemed inadvisable because of
	potential risks, or who are not adequately
	responsive to or intolerant of conventional
	therapies
6. ANTIMETABOLITE	
°Fluorouracil	Ointment: 5%
	On label: Topical treatment of premalignant
	keratoses and superficial basal cell carcinoma.
	Off label: Compounded
	(http://www.bccancer.bc.ca/drug-database-
	site/Drug%20Index/Fluorouracil monograph.pdf)
	eye drops for the treatment of:
	-Topical medial treatment of ocular surface
	squamous neoplasia (therapeutic alternative:
	interferon alfa-2b, MMC)
	Venkateswaran N, Mercado C, Galor A, Karp CL.
	Comparison of Topical 5-Fluorouracil and
	Interferon Alfa-2b as Primary Treatment
	Modalities for Ocular Surface Squamous
	Neoplasia. Am J Ophthalmol. 2019 Mar;199:216-
	222.
	-Surgical adjunct in glaucoma trabeculectomy
	surgery (therapeutic alternative: MMC)



	Lin ZJ, Li Y, Cheng JW, Lu XH. Intraoperative mitomycin C versus intraoperative 5-fluorouracil for trabeculectomy: a systematic review and meta-analysis. J Ocul Pharmacol Ther. 2012 Apr;28(2):166-73. -Adjunct to bleb needling after glaucoma surgical procedures (therapeutic alternative: MMC) Halili A, Kessel L, Subhi Y, Bach-Holm D. Needling after trabeculectomy - does augmentation by anti-metabolites provide better outcomes and is Mitomycin C better than 5-Fluoruracil? A systematic review with network meta-analyses. Acta Ophthalmol. 2020 Nov;98(7):643-653. -Surgical adjunct in pterygium surgery Lee BWH, Sidhu AS, Francis IC, Coroneo MT. 5- Fluorouracil in primary, impending recurrent and recurrent pterygium: Systematic review of the efficacy and safety of a surgical adjuvant and intralesional antimetabolite. Ocul Surf. 2022 Oct;26:128-141. -Management of hypertrophic scars Choi C, Mukovozov I, Jazdarehee A, Rai R, Sachdeva M, Shunmugam M, Zaslavsky K, Byun S, Barankin B. Management of hypertrophic scars
	Australas J Dermatol. 2022 May;63(2):172-189. Bui AD, Grob SR, Tao JP. 5-Fluorouracil
	Literature Review. Ophthalmic Plast Reconstr Surg. 2020 May/Jun;36(3):222-230.
Imiquimod	Ointment: 5%
	On label: Topical treatment of clinically typical, nonhyperkeratotic, nonhypertrophic actinic keratosis on face or balding scalp; topical treatment of biopsy-confirmed, primary superficial basal cell carcinoma on trunk, neck or extremities excluding hands and feet
Mitomycin	Vial: 20mg per vial
	Off label: -Topical medical treatment, alone or in conjunction with surgery, of ocular surface squamous neoplasia (therapeutic alternatives
	with fewer side effects: interferon alfa, 5-FU)



	Kozma K, Dömötör ZR, Csutak A, Szabó L, Hegyi
	P, Erőss B, Helyes Z, Molnár Z, Dembrovszky F,
	Szalai E. Topical pharmacotherapy for ocular
	surface squamous neoplasia: systematic review
	and meta-analysis. Sci Rep. 2022 Aug
	20;12(1):14221.
	-Prevention of corneal haze in photorefractive
	keratectomy
	Chana YM. Liana CM. Wena TH. Chien KH. Lee
	CH. Mitomycin C for the prevention of corneal
	haze in photorefractive keratectomy: a meta-
	analysis and trial seauential analysis. Acta
	Ophthalmol. 2021 Sep:99(6):652-662.
	-Surgical adjunct in dacryocystorhinotomy
	Phelps PO, Abariaa SA, Cowlina BJ, Selva D.
	Marcet MM. Antimetabolites as an adjunct to
	dacryocystorhinostomy for nasolacrimal duct
	obstruction. Cochrane Database Syst Rev. 2020
	Apr 7:4(4):CD012309.
	-Surgical adjunct in glaucoma trabeculectomy
	surgery (therapeutic alternative: 5-FU)
	Lin ZI. Li Y. Chena IW. Lu XH. Intraoperative
	mitomycin C versus intraoperative 5-fluorouraci
	for traheculectomy: a systematic review and
	meta-analysis I Ocul Pharmacol Ther 2012
	Anr: 28(2):166-73
	-Adjunct to bleb needling after glaucoma surgical
	procedures (therapeutic alternative: 5-FU)
	Halili A Kessel I Subbi Y Bach-Holm D Needling
	after traheculectomy - does guamentation by
	anti-metabolites provide better outcomes and is
	Mitomycin C hetter than 5-Eluoruracil? A
	systematic review with network meta-analyses
	Acta Ophthalmol 2020 Nov:98(7):643-653
	-Surgical adjunct in ntervigium surgery
	Fonseca EC Rocha EM Arruda GV Comparison
	among adjuvant treatments for primary
	ntervajum: a network meta-analysis Pr I
	Onbthalmol 2018 Jun: 102/6):749-756
Interferen alfa 2h	Vial or profilled syrings:
	80 micrograms 100 micrograms (neginterforen
Not marketed in Canada, Clabel surghy	ou micrograms, 100 micrograms (peginterferon
was discontinued for husiness reasons has	
Was discontinued for business reasons by	
IVIERCK IN 2021.	



	-Topical medical treatment, alone or in conjunction with surgery, of ocular surface squamous neoplasia (therapeutic alternatives with fewer side effects: interferon alfa, 5-FU) <i>Kozma K, Dömötör ZR, Csutak A, Szabó L, Hegyi</i> <i>P, Erőss B, Helyes Z, Molnár Z, Dembrovszky F,</i> <i>Szalai E. Topical pharmacotherapy for ocular</i> <i>surface squamous neoplasia: systematic review</i> <i>and meta-analysis. Sci Rep. 2022 Aug</i> <i>20;12(1):14221.</i> -Surgical adjunct in treatment of primary acquired melanosis or conjunctival melanoma <i>Cid-Bertomeu P, Huerva V. Use of interferon</i> <i>alpha 2b to manage conjunctival primary</i>
	acquired melanosis and conjunctival melanoma.
	Surv Opntnaimoi. 2022 Sep-Oct;67(5):1391-1404.
7.1 Onhthalmic surface agents	
°Fluorescein	Eve drop: 2%
	Strips: 1mg
	On label: Ophthalmic disclosing agent
7.2 Ophthalmic angiography media	
Fluorescein	Solution: 10% (50mg/mL)
	On label: Diagnostic fluorescein angiography,
	angioscopy of the fundus and of the iris
	vasculature
Indocyanine green	Powder: 25mg (lyophilized)
	On label: Ophthalmic angiography
8. ANTISEPTICS AND DISINFECTANTS	
8.1 Antiseptics	Colutions F0/
Chiornexidine	Solution: 5%
	On label: Surgical hand scrub, healthcare
	kin cleansing
	Off label:
	-Compounded (0.02-0.2%) for topical treatment
	of acanthamoeba keratitis
	Seal D. Treatment of Acanthamoeba keratitis.
	Expert Rev Anti Infect Ther. 2003 Aug;1(2):205-8.
	doi: 10.1586/14787210.1.2.205
	-Substitute for povidone-iodine in cleaning
	ocular surface
	Kanclerz P, Myers WG. Potential substitutes for



	povidone-iodine in ocular surgery. Eye (Lond). 2021 Oct;35(10):2657-2659.	
°Povidone iodine	Solution: 10% (equivalent to 1% available iodine)	
	On label: Preoperative skin parathion of the	
	operative site, disinfection of wounds, skin.	
	genital or oropharyngeal	mucosa, anti-infective
	prophylaxis during hospital and office	
	procedures.	
	Off label: Topical ocular cleaning prior to	
	intraocular manipulation	
	Speaker MG, Menikoff JA. Prophylaxis of	
	endophthalmitis with topi	ical povidone-iodine.
	Ophthalmology. 1991 Dec	;;98(12):1769-75.
8.2 Disinfectants		
°Alcohol based hand rub	Solution: containing ethan	nol 80%
	volume/volume	
	Solution: Containing isopr	opyl alcohol 75%
	volume/volume	
	On label: Antiseptic skin cleanser	
9. MUSCLE RELAXANTS (PERIPHERALLY-ACTING) AND CHOLINESTERASE INHIBITORS		
°Pyridostigmine	Injection: 1mg in 1mL ampoule	
	Tablet: 60mg, 180mg (bromide) On label: Symptomatic treatment of myasthenia	
	gravis	
Botulinum toxin	OnabotulinumtoxinA	
	On label: Blepharospasm;	Strabismus
10. OPHTHALMOLOGICAL PREPARATIONS		
10.1 Anti-infective agents		
10.1.1 Anti-bacterial topica	lagents	
Class: Low potency gram-negative	Polymyxin B	Eye drops: 10 000
antibacterial		units/mL
	On label: In the treatment of bacterial infections	
	of the ocular surface when caused by susceptible	
	strains.	F = 1 0.20/
Class: "High potency gram-negative	Ciprofioxacin	Eye drop: 0.3%
antibacterial		Ointment: 0.3%
	On label: In the treatment of bacterial corneal	
	ulcers and conjunctivitis when caused by	
	susceptible strains.	Eucodroper 0.20/
		Cintmont: 0.1% 0.2%
	(on http://www.atternative	Ointment: 0.1%, 0.3%
	(ophthalmic forms not	



	currently available in		
	Canada): °Gentamycin		
	On label: In the treatment of external infections		
	of the eye and its adnexa when caused by		
	susceptible strains.		
Class: °High potency broad spectrum	+Besifloxacin	Eyedrop: 0.6%	
antibacterial	On label: In the treatment of bacterial		
	conjunctivitis when caused by susceptible		
	strains.	1	
	[†] Gatifloxacin	Eyedrop: 0.3%	
	On label: In the treatmen	t of bacterial	
	conjunctivitis when cause	d by susceptible	
	strains.	1	
	[†] Moxifloxacin	Eyedrop: 0.5%	
	On label: In the treatmen	t of bacterial	
	conjunctivitis when cause	d by susceptible	
	strains.		
°Erythromycin	Ointment: 0.5%		
Therapeutic alternatives (ophthalmic	On label: For the treatment of superficial ocular		
forms not currently available in Canada):	infections involving the conjunctiva and/or		
[°] Azithromycin, clarithromycin	cornea caused by suscept	ible organisms; For	
	prophylaxis of ophthalmic neonatorum due to N.		
	gonorrhoeae or C. trachomatis.		
10.1.2 Anti-fungal topical agents			
°Natamycin	Eyedrop: 0.5%		
	on label: Treatment of fungal diepharitis,		
Not marketed in Canada.	conjunctivitis, and keratitis		
	-Considered 1 st line therapy for fungal keratitis		
	Silurina N, Bayya B, Siliyi Saluja C, Maharana DK, E	iui D, Nugpui R, Kule A,	
	raviaw of clinical presente	ungui kerulilis. A	
	strategies and outcomes	Acul Surf 2022	
	$\Delta nr \cdot 24 \cdot 22 - 30$	Ocur 501j. 2022	
°Voriconazole	Reconstituted into evedro	n: 1% (marketed in	
Vonconazore	200mg vials) Off label: Reconstituted (1%) for treatment of fungal blepharitis, conjunctivitis, and keratitis. Considered first line therapy for rare causes of fungal keratitis.		
Sharma N. Baaaa B. Sin		nal D, Nagpal R, Kate A.	
	Saluja G, Maharana PK. F	ungal keratitis: A	
	review of clinical presento	itions, treatment	



	strategies and outcomes. Ocul Surf. 2022		
Apr;24:22-30.			
	Evedron: 0.15%		
⁴ Not marketed in Canada	On Jahol: Hornos simplox koratitis		
Trifluridine	Evedron: 0.1%		
[•] Not marketed in Canada	On label: Hernes simpley l	veratitis	
10.2 Topical steroidal anti-inflamm	atory agents		
Low potency	tEluorometholone Evedrop: 0.1%		
	On label: steroid-responsive inflammation of the		
	palpebral and bulbar coni	unctiva. cornea. and	
	anterior segment of the g	lobe	
	+Loteprednol etabonate	Eyedrop: 0.2%, 0.5%	
	On label (0.2%): short-teri	n relief of the signs	
	and symptoms of seasona	l allergic conjunctivitis.	
	On label (0.5%): treatmen	t of post-operative	
	inflammation following ca	taract surgery	
	[†] Prednisolone acetate	Eyedrop: 0.12%	
		(discontinued)	
High potency	⁺ Dexamethasone	Eyedrop: 0.1%	
	On label: Steroid responsive inflammatory		
	conditions of the palpebral and bulbar		
	conjunctiva, cornea, and a	interior segment of the	
	globe, such as allergic con	junctivitis, acne	
	rosacea, superficial puncta	ate keratitis, iritis,	
	cyclitis, and selected infect	tive conjunctivitis	
	when the inherit hazard o	f steroid use is	
	acceptable to obtain an advisable diminution in edema and inflammation; Corneal injury from chemical, radiation or thermal burns, or penetration of foreign bodies		
	*Difluprednate	Eyedrop: 0.05%	
	On label: treatment of inflammation and pain		
	associated with post-operative inflammation following cataract surgery; treatment of		
	teluoromethalana	Evedron: 0.25%	
		(discontinued)	
	†Prednisolone acetate	Fvedron: 0.1%	
	On label: steroid-responsi	ve inflammation of the	
	nalpebral and hulbar conjunctival corneal and		
	anterior segment of the globe		
	anterior segment of the globe.		



	°+Prednisolone sodium	Eyedrop: 0.5% minims	
	phosphate		
	On label: non-infectious inflammatory allergic		
	conditions: allergic, non-purulent catarrhal, and		
	vernal conjunctivitis; acute iritis; catarrhal		
	corneal ulcer, cornea injuries; non-purulent		
	blepharitis; nonspecific su	perficial keratitis; non-	
	purulent phlyctenular ker	ato-conjunctivitis.	
10.3 Topical non-steroidal anti-infl	nflammatory agents		
Cyclosporine	Eyedrop: 0.03%, 0.1%		
	On label: The treatment of severe vernal		
	keratoconjunctivitis in children from 4 years of		
	age through adolescence; the treatment of		
	moderate to moderately severe aqueous		
	deficient dry eye disease.		
10.4 Local anesthetics			
°†Tetracaine	Eye drop: 0.5%, 0.1%		
	On label: procedures requiring a rapid and short-		
	acting topical ophthalmic anesthetic.		
†Proparacaine	Eye drop: 0.5%		
	On label: Topical anesthesia for ophthalmic		
	procedures such as measurement of intraocular		
	pressure (tonometry), removal of foreign bodies		
	and sutures from cornea, conjunctive scraping in		
	diagnosis and gonioscopic examination; prior to		
	surgical operations such as cataract extraction		
10.5 Antiglaucoma medicines	1	1	
Class: Alpha Agonist	Brimonidine tartrate	Eye drop: 0.15%, 0.2%	
	On label: Control of intrac	ocular pressure in	
	patients with chronic open-angle glaucoma or		
	ocular hypertension.		
	Apraclonidine	Eye drop: 0.5%, 1%	
	On label: (0.5%) For adjunctive use in lowering		
	intraocular pressure; (1%) Control or prevention		
	of postsurgical elevations in intraocular pressure		
	that occur in patients after anterior segment		
	laser ophthalmic surgery including argon laser		
	trabeculoplasty, argon laser iridotomy and		
	neodymium:yttrium aluminum garnet (Nd:YAG)		
	laser posterior capsulotomy		
	Off label: In the diagnosis of Horner syndrome:		
	-In adults (1%).		



	Morales J, Brown SM, Abdul-Rahim AS, Crosson		
	CE. Ocular effects of apraclonidine in Horner		
	syndrome. Arch Ophthalmol. 2000;118(7):951- 954. -In children (0.5%) when combined with three minutes of punctal occlusion.		
	Comparing efficacies of 0.	5% apraclonidine with	
	4% cocaine in the diagnos	is of horner syndrome	
	in pediatric patients. J Ocul Pharmacol Ther.		
Class: Beta blocker	°Timolol	Eyedrop 0.25%, 0.5%	
	On label: Reduction of elevated intraocular		
	pressure.		
	Betaxolol	Eyedrop: 0.25%	
	On label: For lowering of i	intraocular pressure in	
	the treatment of ocular h	ypertension or chronic	
	open angle glaucoma		
Class: Carbonic anhydrase inhibitor	°Acetazolamide	Tablet: 250mg	
	On label: Glaucoma (chronic, simple, and		
	secondary types).		
	+Brinzolamide	Eyedrop: 1%	
	On label: ocular hyperten	sion or open-angle	
	glaucoma.		
	†Dorzolamide	Eyedrop: 2%	
	On label: Ocular hyperten	sion, open-angle	
	glaucoma		
	[†] Methazolamide	Tablet: 50mg	
	On label: chronic simple (open angle) glaucoma,	
	secondary glaucoma and	preoperatively in acute	
	angle closure glaucoma, v	vhere delay of surgery	
	is desired in order to lowe	er intraocular pressure.	
Class: Prostaglandin analog	+Bimatoprost	Eyedrop: 0.01%,	
		0.03%	
	On label: open angle glaucoma or ocular		
	hypertension.		
	°+Latanoprost	Eyedrop: 50mcg/mL	
	On label: Open-angle glau	icoma, ocular	
	hypertension, chronic ang	gle-closure glaucoma	
	after peripheral iridotomy	v or laser iridoplasty.	
	+Latanoprostene Eyedrop: 0.024%		
	On label: Open-angle glau	icoma or ocular	
	hypertension.		



	†Travoprost	Eyedrop: 0.003%, 0.004%
	On label: Open-angle glaucoma or ocular	
	hypertension.	
10.6 Miotics		
°Pilocarpine	Eyedrop: 2%	
	On label: Reduction of intraocular pressure.	
10.7 Mydriatics		
°Atropine	Eye drops: 1%	
	On label: Cycloplegia and	mydriasis for uveitis
Note: Differences with other cycloplegics	and refraction.	
include, but are not limited to, different	Off label (not substitutabl	e for other mydriatics):
onset of action (6-24 hours) and duration	-Amblyopia management	
of cycloplegia (10-15 days). "Iropicamide	Li T, Qureshi R, Taylor K. C	conventional occlusion
and "Cyclopentolate are inadequate	versus pharmacologic penalization for	
therapeutic alternatives given the use in	ambiyopia. Cochrane Database Syst Rev.	
muonia prograssion	2019;8(8):CD006460. Published 2019 Aug 28	
	-Control of myopia progre	ession
	Lawrenson JG, Snan R, Hu	ntjens B, Downie LE, barla DK, Li D, Marri C
	Virgili G, Driakal R, Verkici	naria PK, LI D, Wavi S,
	muonia control in children). Interventions joi
	review and network meta	analysis Cochrana
	Database Syst Rev 2023	-unurysis. Cociniune -ph 16·2/2)·CD01/1758
Cyclopentolate	Eve drop: 1%	<i>ED</i> 10,2(2).CD014738
× Alternative to atronine	On label: Cyclonlegia and	mydriasis
	official evelopic Bid and	inyunusis.
Note: Differences with other cycloplegics	The American Academy o	f Ophthalmology
include, but are not limited to, different	Pediatric Eve Evaluations	Preferred Practice
onset of action (20-30 minutes) and	Pattern recommends the	(off-label) use of
duration of cycloplegia (4-10 hours).	cyclopentolate as first line	e for cycloplegic
°Atropine and °Tropicamide are	refractions. The dosage re	commended is:
inadequate therapeutic alternatives given	 ≤ 6 months of age 	: Cyclopentolate 0.2% +
use in pediatric cycloplegic refractions	Phenylephrine 1%	
and retinopathy of prematurity	 > 6 months of age 	: Cyclopentolate 1% ±
examinations.	Phenylephrine 2.5	% ± Tropicamide 1.0%
	Wallace DK, Morse CL, Me	elia M, et al. Pediatric
	Eye Evaluations Preferred	Practice Pattern®: I.
	Vision Screening in the Pri	imary Care and
	Community Setting; II. Col	mprehensive
	Ophthalmic Examination.	Ophthalmology.
	2018;125(1):P184-P227.	
°Tropicamide	Eye drops: 0.5%	



	On label: Cycloplegia and mydriasis for	
Note: Differences with other cycloplegics	refraction.	
include, but are not limited to, different	Hofmeister EM, Kaupp SE, Schallhorn SC,	
onset of action (20-30 minutes) and	Comparison of tropicamide and cyclopentolate	
duration of cycloplegia (4-10 hours).	for cycloplegic refractions in myopic adult	
^o Atropine and [×] Cyclopentolate are	refractive surgery patients. I Cataract Refract	
inadequate therapeutic alternatives given	Surg. 2005:31(4):694-700.	
use in adult dilated exams.		
10.8 Anti-vascular endothelial growth factor (VEGF) preparations		
†Ranibizumab	Injection: 10mg/mL	
	On label: Intravitreal injection in preterm infants	
	for the treatment of retinopathy of prematurity.	
	Intravitreal injection in adults for the treatment	
	of neovascular age related macular degeneration	
	or visual impairment from diabetic macular	
	edema, macular edema secondary to retinal vein	
	occlusion, visual impairment due to choroidal	
	neovascularization secondary to pathologic	
	myopia, and other causes of vision loss from	
	choroidal neovascularization.	
°†Bevacizumab	Injection: 25mg/mL	
*Including quality-assured biosimilars	Off label: As alternative intravitreal treatment	
	for ranibizumab.	
	CATT Research Group, Martin DF, Maguire MG,	
	et al. Ranibizumab and bevacizumab for	
	neovascular age-related macular degeneration.	
	N Engl J Med. 2011;364(20):1897-1908.	
10.9 Photosensitizer for photodynamic therapy		
Verteporfin	Vial: 15mg/vial	
	On label: As part of photodynamic therapy for	
	the treatment of predominantly classic subfoveal	
	choroidal neovascularization in patients with	
	age-related macular degeneration (AMD),	
	pathologic myopia, presumed ocular	
	histoplasmosis.	
	Off label: For vascular chorioretinal conditions	
	including choroidal neovascularization from non-	
	classic AMD, non-AMD choroidal	
	neovascularization, choroidal hemangioma,	
	central serous chorioretinopathy, polypoidal	
	choroidal vasculopathy, and peripapillary	
	choroidal neovascularization.	



	Newman DK. Photodynamic therapy: current role	
	in the treatment of chorioretinal conditions. Eye	
	(Lond). 2016;30(2):202-210.	
11. INTRAOPERATIVE MEDICINES		
11.1 Intraocular miotics		
⁺ Acetylcholine Chloride (Miochol E)	hol E) Vial: 20mg/2mL	
	On label: Miosis of the iris in after delivery of the	
	lens in cataract surgery, in penetrating	
	keratoplasty, iridectomy, and other anterior	
	segment surgery where rapid miosis may be	
	required.	
+Charbachol (Miostat)	Solution: 0.01%	
* Alternative to pilocarpine	On label: obtaining miosis during surgery;	
	reduction of the intensity of intraocular pressure	
	elevation in the first 24 hours after cataract	
	surgery	
11.2 Physiologic Irrigating Solution		
Physiologic irrigating solution	Contents: Vary	
	On label: Extraocular and intraocular irrigating	
	solution during ocular surgical procedure	
	involving perfusion of the eye.	
11.3 Ophthalmic Viscosurgical Dev	ice (OVDs)	
Note: There are OVDs, including vis	co-adaptive and combined agents or dual	
viscoelastic systems, that fall into cl	asses outside the <i>cohesive</i> and <i>dispersive</i>	
categories as listed below. Howeve	r, access to these two classes is essential in	
providing safe anterior segment eye	e surgery. (Arshinoff SA, Jatari M. New	
classification of ophthalmic viscosu	rgical devices - 2005. J Cataract Refract Surg. 2005	
Nov;31(11):216/-/1)		
Class: Cohesive	Contents: Varying amounts of hyaluronic acid	
	and/or chondroitin sulfate	
Note: Conesive UVDs are more solid,	On label: Protection of intraocular tissues during	
providing maintenance of space and	anterior segment surgery.	
pressure. Conesive and dispersive OVDs		
for each other given their different		
properties		
Class: Dispersive	Contents: Varving amounts of hyaluronic acid	
	and/or chondroitin sulfate	
Note: Dispersive OVDs are more liquid.	On label: Protection of intraocular tissues during	
which acts as a protective coating to	anterior segment surgery.	
sensitive structures. Dispersive and		
cohesive OVDs are inadequate		



therapeutic alternatives for each other	
given their different properties.	
11.4 Intraocular tissue stain	
Brilliant Blue G	Intravitreal: 0.25mg/mL
	On label: Aid in ophthalmic surgery by selectively
	staining the internal limiting membrane
Trypan Blue	Vial: 0.05%
	On label: Aid in ophthalmic surgery by staining
	the anterior capsule of the lens.



Closing Remarks

This document highlights drugs that are utilized every day by Canadian ophthalmologists. A future essential medication list (EML) for ophthalmic drugs would be more concise. But how do we define essential? Would it be limited to the most prescribed drugs? Or should drugs that are easier to produce domestically be prioritized? Is it acceptable that the list address 90% of circumstances, or should the drugs included be able to address all medical situations? What if drugs needed to be stockpiled? Should medications with longer shelf-lives find themselves at the top of the list when therapeutic alternatives are considered? This document is meant to assist in the conversation. Yet, if only considering medications used solely by eye care providers, it can be said with certainty that a 'crash cart' of ophthalmic medications would include:

- A high potency broad spectrum antibiotic eye drop
- Erythromycin ointment for the treatment of neonatal conjunctivitis
- Topical beta-blockers for the treatment of glaucoma
- Oral acetazolamide for the treatment of glaucoma
- A high potency steroid eye drop
- A topical anesthetic eye drop
- Atropine

This abbreviated list of ophthalmic medications would not address all needs. But it includes low cost, highly effective, widely used, and easy to stockpile medications. In the event of a public health emergency or a provincial critical drug stockpiling reserve, it would allow the treatment of many blinding eye diseases.

The Canadian Ophthalmological Society (COS) strives towards the provision of optimal medical and surgical eyecare for all Canadians. We hope to help all Canadians see the right provider, for the right treatment, at the right time.

